Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Sunday 09 Jul 2023 until 23:59 on Monday 10 Jul 2023

Forecast Issued on Sunday 09 Jul 2023 at 03:04 by Met Office Aberdeen

Confidence: Low for extent of any showers on Sunday. High for changeable weather with showers early next week.

Headline for Sunday 09 Jul 2023: Some early rain, then a brighter afternoon with a few showers

Mountain weather hazards on Sunday 09 Jul 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Low Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
Low Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Cloudy	Sunny intervals	Sunny	Partly cloudy (night)
Precipitation probability					
60%	40%	20%	20%	20%	20%

Forecast for Sunday 09 Jul 2023

Weather: A cloudy start with some rain, perhaps the odd rumble of thunder around, but it will be mainly dry and brighter by late morning. The afternoon will see sunny intervals and the chance of a few heavy showers, these most likely across the north of the region.

Chance of cloud-free hill tops above 800m: 40% rising to 90% in the afternoon.

Low cloud and visibility: Some patchy low cloud down to 500 metres at first. Otherwise good visibility with cloud largely above summits by afternoon.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 09 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	19/22 SE	19/24 SE	13/18 SW	12/17 SW	11/15 SW	6/8 W	11/14 S
900	17/20 SE	19/23 SE	13/17 SW	13/17 SW	11/15 SW	5/7 W	10/13 S
600	13/17 SE	14/18 SE	10/14 SW	11/16 SW	10/14 SW	4/6 W	7/10 S
300	3/14 E	4/16 SE	5/14 SW	7/15 SW	4/12 SW	1/5 W	1/8 SE
Glen	5/8 E	6/10 SW	5/10 W	9/14 SW	6/10 W	2/5 SW	3/8 SE

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	11/8	10/7	11/8	12/9	11/9	10/9	9/6
900	11/8	11/8	11/9	12/10	12/10	10/10	9/7
600	13/11	13/10	14/12	15/13	14/12	13/12	12/10
300	15/15	14/14	17/17	18/17	17/17	15/15	13/14
Glen	16/16	15/15	19/19	20/19	20/19	17/17	16/16
Freezing Level*	2700m	2600m	2300m	2200m	2300m	2300m	2200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing to add

Forecast for Monday 10 Jul 2023
Weather: After a dry and bright start it will cloud over through the morning with showers or longer spells of rain developing by the afternoon. Some heavy rain or thunderstorms possible.

Maximum wind: Southerly 15 mph

Chance of cloud-free hill tops above 800m: 70%

Low cloud and visibility: Good visibility although some patchy cloud around 500 metres at first. Then cloud mostly at 900 metres or above, although some patches developing down to 700 metres in the evening.

Temperature: **Glens:** Plus 12 rising to 19 Celsius
At 800m: Plus 12 Celsius
Freezing level: Above summits

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